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NEWS

Albany police investigating death of man found hanging from tree

City police said Wednesday they believe the man's death was a suicide

By **Steve Hughes**, *Staff Writer*

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Related: [How the Times Union covers suicide](#)

ALBANY — City police are conducting a death investigation after a man was found hanging Wednesday morning from a tree on Westerlo Street.

Officers were called around 8 a.m. to Green and Westerlo streets. When they arrived, they found a 58-year-old man who was pronounced dead at the scene.

“At this time, based upon preliminary investigation, the circumstances appear to be consistent with suicide and no evidence to suggest that the incident is criminal in nature,” the department said in a statement.

The identity of the dead man will not be released.

A video of the scene that showed the man hanging was circulating on social media, but appears to have been taken down.

How to get help, what to look out for

Free resources

Contact the National Suicide Prevention Lifeline: Call or text 988 or visit 988lifeline.org/chat

Warning signs of suicide

- Talking about wanting to die
- Looking for a way to kill oneself

- Talking about feeling hopeless or having no purpose
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious, agitated, or recklessly
- Sleeping too little or too much
- Withdrawing or feeling isolated
- Showing rage or talking about seeking revenge
- Displaying extreme mood swings
- Giving away meaningful possessions
- Making final arrangements

What to do

- Listen and acknowledge the person's emotions
- Ask about suicidal thoughts: "Some people in your situation have thought about suicide. Have you? Are you now?"
- Do not leave the person alone
- Remove any firearms, alcohol, drugs, or sharp objects that could be used in a suicide attempt
- Call the Suicide & Crisis Lifeline at 988
- Take the person to an emergency room, or seek help from a medical or mental health professional

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Steve covers the city and county of Albany for the Times Union. He previously covered police, fire and accidents as the paper's breaking news reporter. Reach him at shughes@timesunion.com or 518-454-5438.

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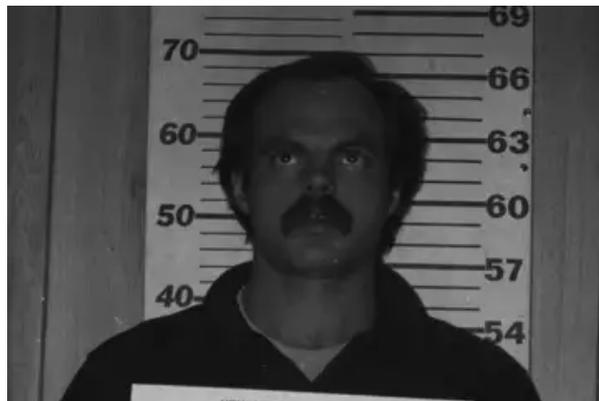
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